

Rope Bondage is a Dance of Partners; one leads ~ one follows.

(A Sadie Hawkins rope class for bottoms to bring their favorite tops)

Rope Bondage is a Dance of Partners; one leads ~ one follows. In rope bondage, the top and bottom are equally important and have roles to play; just as in dancing some folks have a hard time following their partners lead, sometimes rope bottoms are unsure how to be good bottoms. As in good dancing, there are a few things to learn, other than good breathe & hygiene (*Confidence, competence, insecurities and vulnerability come to mind*).

In this beginner bottoms class, I hope to share some knowledge I have gained over the years. From the *preparation phase*, to hands-on exercises to practice, as well as *some aftercare tips to smooth out your transitions back to earth*, we will also cover **safety**, choosing tops carefully, creating connection with your partner and *how to have fun*.

As Sadie Hawkins Dances happen in Autumn , so I thought we could have a Sadie Hawkins rope class for bottoms to bring their favorite tops.

This hands-on beginner bottoms class will be followed by, “***So Your Hooked On Being Tied Up, Now What***” a hands-on intermediate bottoms class in January, which will cover more in-depth safety, body moves to adjust and learning to own your side of the rope bondage experience.

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Kolker has been part of the Atlanta rope community since 2008, learning, teaching and practicing a wide variety of rope bondage styles. Over the last year Kolker has been teaching, with his partner, Anandalila, **RopeYoga, as a Dance of Partners; each gives & receives**. Last month at Atlanta Bound, Kolker taught “***Rope. And The Ties That Bind!***”, a beginners class on the types of scenes you can have with in rope bondage, that hopefully added more depth to your rope vocabulary. Kolker teaches many different lifestyle skills including D/s and bondage, makes & sells rope and other fiber arts, and welcomes you to check out

<http://www.KolkerFiberArt.com> or his new

<https://www.etsy.com/shop/KolkerFiberArts>